

SUMMARY



400 Metres Women - Semi-Finals

First 1 of each heat (Q) plus 4 fastest times (q) qualify to Final

RECORDS	RESULT	NAME	AGE	VENUE	DATE
World Record WR	49.17	Femke BROEDERS-BOL	NED 24	Glasgow (GBR)	2 Mar 2024
Championship Record CR	49.17	Femke BROEDERS-BOL	NED 24	Glasgow (GBR)	2 Mar 2024
World Leading WL	50.28	Ella ONOJUWWEVWO	NGR 21	Fayetteville, AR (USA)	13 Mar 2026
Area Record AR		National Record NR	Personal Best PB	Season Best SB	

20 March 2026

RANK	PLACE	HEAT	LANE	BIB	NAME	DATE of BIRTH	RESULT
1	1	4	5	704	Henriette JÆGER	NOR 30 Jun 03	50.95 Q
2	1	1	6	554	Lurdes Gloria MANUEL	CZE 12 Jul 05	50.96 Q PB
3	1	3	6	693	Lieke KLAVER	NED 20 Aug 98	51.23 Q
4	1	2	5	717	Natalia BUKOWIECKA	POL 17 Jan 98	51.41 Q
5	2	3	5	570	Blanca HERVAS	ESP 30 Sep 02	51.58 q
6	2	2	3	536	Zoe SHERAR	CAN 7 Nov 99	51.61 q
7	2	1	5	676	Mercy Adongo OKETCH	KEN 30 Jul 02	51.90 q
8	2	4	3	631	Wadeline VENLOGH	HAI 19 Feb 98	52.04 q
9	3	1	4	809	Bailey LEAR	USA 17 Mar 01	52.07
10	3	2	4	698	Myrte VAN DER SCHOOT	NED 16 Apr 04	52.15
11	3	4	4	574	Paula SEVILLA	ESP 28 Jun 97	52.19
12	4	2	6	741	Sofia LAVRESHINA	POR 14 Jun 03	52.20
13	4	4	6	584	Mette BAAS	FIN 10 Sep 00	52.36
14	3	3	3	591	Amandine BROSSIER	FRA 15 Aug 95	52.71
15	4	3	4	563	Bassant HEMIDA	EGY 28 Sep 96	53.14
		1	3	782	Emma ZAPLETALOVÁ	SVK 24 Mar 00	DNS

ALL-TIME TOP LIST				2026 TOP LIST			
RESULT	NAME	VENUE	DATE	RESULT	NAME	VENUE	2026
49.17	Femke BROEDERS-BOL (NED)	Glasgow (GBR)	2 Mar 24	50.28	Ella ONOJUWWEVWO (NGR)	Fayetteville, AR (USA)	13 Mar
49.24	Isabella WHITTAKER (USA)	Virginia Beach, VA (USA)	15 Mar 25	50.47	Dejanae OAKLEY (JAM)	Fayetteville, AR (USA)	14 Mar
49.48	Britton WILSON (USA)	Albuquerque, NM (USA)	11 Mar 23	50.51	Amber ANNING (GBR)	Fayetteville, AR (USA)	7 Feb
49.59	Jarmila KRATOCHVÍLOVÁ (TCH)	Milano (ITA)	7 Mar 82	50.62	Henriette JÆGER (NOR)	Metz (FRA)	8 Feb
49.68	Natalya NAZAROVA (RUS)	Moskva (RUS)	18 Feb 04	50.66	Britton WILSON (USA)	Fayetteville, AR (USA)	13 Feb
49.76	Tatána KOCEMBOVÁ (TCH)	Wien (AUT)	2 Feb 84	50.68	Madison WHYTE (USA)	Fayetteville, AR (USA)	13 Mar
49.78	Aaliyah BUTLER (USA)	College Station, TX (USA)	1 Mar 25	50.70	Sanaria BUTLER (USA)	Fayetteville, AR (USA)	13 Mar
50.01	Sabine BUSCH (GDR)	Wien (AUT)	2 Feb 84	50.78	Emma ZAPLETALOVÁ (SVK)	Metz (FRA)	8 Feb
50.02	Nicola SANDERS (GBR)	Birmingham (GBR)	3 Mar 07	50.96	Lurdes Gloria MANUEL (CZE)	Kujawy Pomorze	20 Mar
50.04	Olesya KRASNOMOVETS-FORSHEVA (RUS)	ikva (RUS)	18 Feb 06	50.97	Natalia BUKOWIECKA (POL)	Torun (POL)	22 Feb

